Improving palliative care services for adolescents and young adults with cancer

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Improving palliative care services for adolescents and young adults with cancer.

- Develop an understanding of the barriers to palliative care in the adolescent and young adult with cancer population
WHAT IS A FOCUS GROUP?

• A facilitated discussion among a group of people in which a moderator uses open-ended questions to encourage discussion of a particular topic or issue
WHY?

• To gather a wide range of information in a short amount of time
• Group discussion can reveal areas of agreement and disagreement as well as different perspectives and unexpected ideas
KEY STEPS

• Consider who should be involved
• Develop questions
• Select a moderator
• Recruit participants
• Arrange venue and times
• Undertake and record sessions
• Analyse and interpret data
ONCOLOGY TEAM

• Could you outline some broad principles guiding – ceasing chemo, life prolonging treatments?

• Could you comment upon how these principles apply/differ/are modified in the care of a young person?

• What do you perceive are the barriers to a death at home?
CBPC QUESTIONS

- Many young patients receive life prolonging treatment late into the disease trajectory. What challenges does this present when delivering palliative care at home?
- What do you perceive to be a barrier to death at home in this age group?
KEY STEPS

• Consider who should be involved
• Develop questions
• SELECT A MODERATOR
• Recruit participants
• Arrange venue and times
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THE MODERATOR

• Stimulates discussion about the topic without restricting spontaneity and richness of discussion
• Creates a permissive and nurturing environment
• Encourages different perceptions and points from all members of the group
KEY STEPS

• Consider who should be involved
• Develop questions
• Select a moderator
• **Recruit participants**
• **Arrange venue and times**
• **Undertake and record sessions**
• **Analyse and interpret data**
REFERENCE

National Institute of Clinical Studies
Identifying Barriers to Evidence Uptake, February 2006