Care Planning Sub-Program
First National Workshop

Professor Kathy Eagar
Director
Centre for Health Service Development (CHSD)
Welcome!

- To the first of 3 national workshops for care planning projects
- Acknowledgments
- Introductions - national evaluation team (NET), projects, Dept of Health and Ageing, collaborators
What is the Care Planning Sub-Program?

- A national program – one of four sub-programs of the Local Palliative Care Grants Program
- 33 different projects within the sub-program
- Implications
  - each project is part of a bigger picture
  - both the program and projects are being evaluated
Goals of the Care Planning Program

Improve care for patients who are living at home, through developing:

- Flexible models of service delivery
- Collaboration between services
- Smooth and appropriate transitions between services

Some projects address all three aims, some one or two
Purpose of Care Planning projects

- Achieve your own goals
  - during the project
  - after it finishes

- Contribute to the bigger picture:
  - build knowledge and expertise in palliative care planning across Australia
  - provide lessons for other projects, regions and States/Territories
Building on, not starting again

Many valuable lessons already learned that are relevant to care planning (DoHA will provide the big picture later)

So built on the lessons from Caring Communities, Rural PC etc

- Support for patients, families and carers in the community
- Increased access to palliative care medicines in the community
- Education, training and support for the workforce
- Research and quality improvement for palliative care services

Community Awareness

Rural Palliative Care Program

Paediatric Palliative Care Resource

Indigenous resources

Bereavement

Palliative care patients living at home without a carer

PBS listings for palliative care medications

Quality use of medicines

PEPA Nurses, GPs, Allied Health

Undergraduate Curriculum

Postgraduate Courses

Vocational Education

Advance Care Planning

Guidelines for a Palliative Approach in aged care – RACF and Community

Knowledge Network & CareSearch

NHMRC Research Program

Palliative Care Outcomes Collaboration

Information development framework to support quality improvement

Guidelines for needs-based assessment & referral

RURAL AGED CARE PAEDIATRIC INDIGENOUS
Purpose of the workshop

- Develop a shared understanding about:
  - the Care Planning Program
  - how the program will work
  - how the program, and projects, will be evaluated
- Work out communication channels
- Develop a shared language for the evaluation
- Networking and collaboration - why reinvent 33 wheels?
- Time out from busy schedules to focus on your own project
Breakout sessions: Day One

◆ Breakout 1: Scope and diversity of the projects
  – Who is your target group and in what setting?
  – What improvements will your project make?
  – What resources will you develop?
◆ Breakout 2: Applying the palliative care standards
  – What standards relate to your project and how do they ‘fit’?
  – How could you use these standards?
Breakout sessions: Day Two

◆ Breakout 3: **Project evaluation**
  – What impacts and outcomes do you expect?
  – How will you measure them?
  – What help do you need?

◆ Breakout 4: **Change management**
  – What strategies are needed for your project?
  – How will you address areas of difficulty, resistance or tension?
  – How can you ensure changes are sustained over the long term?

◆ Breakout 5: **Support for your project**
Purpose of the breakout sessions

Main workshop mechanism for:

- Extending our thinking about projects
- Addressing key components of each project including standards, evaluation and change management
- Peer consultancy forum
- Building a community of practice
- Sharing, sharing and more sharing
How we will run the breakouts

Each session will involve:

- A scribe – your NET person
- A facilitator – your NET person
- 3-4 questions to discuss and respond to
- Working through one question at a time
- Scribe keeps a record on butchers’ paper
- One member of group presents to plenary